



## Theresa W. Beal

September 3, 1949 - March 24, 2009

LEWISTON - Theresa W. Beal, 59, a resident of the Brown Rd., Pownal had fought her diabetes courageously but died unexpectedly Tuesday at Central Maine Medical Center. She was born in Portland, September 3, 1949, the daughter of Albert and Colleen (Wyman) Cook. She attended North Yarmouth and Cumberland schools, and was a 1967 graduate of Greely High School. She then graduated from the University of Southern Maine with a teaching degree. She was a 5th grade teacher beginning at Libby Tozier Elementary, and continued with the new elementary school, Carrie Ricker Elementary teaching for over 35 years. in Litchfield. Theresa was an avid reader, enjoyed scrap booking, arts and crafts, as well as spending time with family especially her grandchildren. She will be remembered for her love of Head Beach and Small Point, and spending quality time there with family and friends. Besides her parents of Brunswick, she is survived by her husband, Leroy Weston Beal, III of Pownal; two sons, Leroy Weston Beal IV and wife Jennifer of Auburn; Joshua Riley Beal of Bowdoin; two daughters, Jessica Allyn Harlow and husband, Anthony of Lewiston and Colleen Constance Beal and partner, Sarah of Burlington, VT; one brother, Albert Cook, Jr and wife Charlotte of West Hartford, CT.; six sisters, Christine Peterson and husband, Tom of Brunswick; Constance Mott and husband, Russell of Brunswick; Rochelle Petersen and husband, Mark of Falmouth; Phyllis Burcham and husband, Cary of Land-O-Lakes, FL; Andrea Noble and Husband, Renn of Kennebunk; and Adrienne Cook of Massachusetts. Also surviving are 5 grandchildren and many nieces and nephews. Theresa was generous all her life, and organ donation was her last gift. Memorial services honoring Theresa's life will be held SATURDAY 11:00AM at the Small Point Baptist Church in Phippsburg with Pastor Daniel Coffin presiding. Memorial donations in Theresa's memory may be made to the American Diabetes Association 80 Elm St., Portland, ME 04101 or at [www.diabetes.org/honor](http://www.diabetes.org/honor) Online condolences and sharing of memories may be expressed at [www.lynchbrothers.com](http://www.lynchbrothers.com) Family and friends are invited to visit Friday 6-8PM at the DILLINGHAM & SON MEMORIAL CHAPEL 62 Spring St., Auburn, 784-6449

# Comments

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“ Terri was a special person who had a big heart. She was loved by the staff and students in Litchfield.

**Phil Ferguson** - March 25, 2009 at 05:54 PM

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“ Big wes,jess,wes,connie and josh keri and I I sorry very sorry for your loss. Your mother was one of the most caring,patient and loving people I've had the the pleasure of knowing. It is evident to me that she passed these wonderful qualities on to her children as I have the pleasure of working with josh and wes on a daily basis. Keri and I extend our love to all of you. Your friend stu

**stu brown** - March 25, 2009 at 05:54 PM

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“ My son, Neal, and I will always remember "Mrs. Beal." I worked with Terry in Litchfield for several years and observed first hand her amazing abilities as a teacher. She was a true master teacher. I could only hope to develop those skills she was obviously born with. More importantly, Mrs. Beal was my son's fifth grade teacher. She entered our lives at a time when we really needed her. She was so wonderful to Neal and she made him feel happy and secure at a very difficult time of his life. Our world has lost a true angel and an example of the best a human can be. We love you Terry and you will always be in our memories. Our thoughts and sympathies are extended to her loved ones.

**Claire Welch** - March 25, 2009 at 05:54 PM

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“ Wes and Jen and family you are in our thoughts and prayers. We love you and remember we are only a phone call away.

**Linda Haley** - March 25, 2009 at 05:54 PM

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“ Terri was truly a wonderful teacher, mentor, and friend. She had a warm, generous spirit that will be missed by all who were fortunate to have known her. My condolences to her loving family.

**Elaine Braunfels** - March 25, 2009 at 05:54 PM

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“ What a wonderful way to share our memories of Mom. Each day will not be the same without her smile, her laugh, her support. We miss her and are grateful for everything she was for us. We love you, mum.

Jessica Harlow - March 25, 2009 at 05:54 PM

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“ September 3, 2009 would be Mom's 60th birthday. We are all missing her and have thought of her often in lots of different ways over the last five months. As a way to remember her on her birthday, please share a fond memory, funny story, or some of Mom's favorite things. Mom has left me with so many memories that I cherish. I miss her everyday. Here are a few of the things that will always make me think of her: bobby pins, Dr. Scholl's wooden sandals, I Love You Forever (the children's book), Jonathan Livingston Seagull, walking the beach, bulletin boards (esp with Ziggy), creative Thanksgiving dinner menus, clear nail polish, crosswood puzzles, maple trees, lilacs, LL Bean bags, 321 Contact and The Bloodhound Gang, Masterpiece Theater, Scholastic book orders, cartwheel, the color yellow (her favorite), trivial pursuit (mom ALWAYS won), Scrabble (again, mom ALWAYS won), Billy Joel (Glass Houses), Dan Fogelberg (The Phoenix), Raisin Bran, Grapenuts, Cheerios, happy endings, all her grandchildren

Jessica Harlow - March 25, 2009 at 05:54 PM

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“ Sea shells, fireflies and Bull Durham will always make me think of Terri. She was always surrounded by people, but was always ready to make room for one more. I will never forget how she would take me to school and pick me up when my mother was in the hospital. I will also never forget all of the conversations that we had when I was growing up. They were all unfailingly about me and she was always so supportive (even when I was being ridiculous). I wish that I had the opportunity to thank her for giving so much so selflessly. So much warmth came from her... She will be missed. May God bless and keep her and all those that she loved.

Nermi Parrow - March 25, 2009 at 05:54 PM

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“ Whenever I see a pair of flip flops, I will always think of Terri... not that she wore them, mind you. She and I just always joked that flip flops instantly reminded you of the beach - where Terri loved to be. Being her youngest sibling, I got to tag along quite a bit when her family was growing. I used to love it when Terri would try and explain to Jessica that she and I were sisters, not Jessica and me! Our last meal together was sandwiches from Sam's. I'll never forget talking about everything with Terri that night... she always listened to everything I said - and you know she heard you and truly cared about how you felt. To say I miss Terri just doesn't cut it. There is a whole in my heart that just won't be filled this side of heaven. Love you, Terri. Enjoy a

martini for your birthday!

**Adrienne C. Cook** - March 25, 2009 at 05:54 PM

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“ Today is Terri's 60th birthday. Her spirit was miles younger. We used to share rude cards with each other, sometimes featuring old crones or little girlfriends in grownup clothes. We made each others smile or laugh out loud with these cards. That's something I miss about Terri. She could easily make me shriek with laughter. People often would drift in after school to see what all the noise was about and join in. She made me laugh, gave me advice, shared wonderful stories about family and enriched my life.

**Sharon Thibault** - March 25, 2009 at 05:54 PM

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“ i miss you. hope you are having an awesome birthday up there. there isn't a day that goes by that i don't think about you. xoxo

**Callie Davisson** - March 25, 2009 at 05:54 PM

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“ Happy Birthday, Terri! We had to go to the beach on your special day. You would have loved it! It was so beautiful and peaceful there. I don't believe we will ever get over losing you so soon. Just remembering all the time we spent on the beach together with our kids-makes me smile. It was fun,wasn't it? I can't count how many times I have reached for the phone to call you and talk. I miss you. Love you, Chris

**Chris Peterson** - March 25, 2009 at 05:54 PM

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“ My last conversation with Terri was just days before she passed. We were discussing MY 60th birthday! We were planning a martini party because, as you all know, Terri had discovered martini's and was trying out every kind she could find-one new martini a week. And my favorite birthday story was the one where I was born in April 1949, and Terri and Nancy were born in September and they both constantly reminded me that I was the oldest! I actually needed bifocals for almost a year before I got them, because I refused to give Terri and Nancy ammunition. I waited until Terri needed them before I got them! We always celebrated each other's birthdays

**Sylvia Meehan** - March 25, 2009 at 05:54 PM

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“ I never had the privilege of personally meeting Terri, but I feel that I know her through Phillis' stories. I've looked at Terri's pictures and seen her sweet smile and beautiful eyes. From all of the tributes, I can tell that she was a woman of character and strength through her illness; she was beloved by so many people. She was a blessing to her children, sisters, grandchildren, other family. She was respected and admired by her colleagues at school. She was a dear friend. Though cut short, she lived a full life. This is what I can see through your comments. I hope that each of you find comfort in the special memories you have of Terri. Please know that people here at Moffitt have phoned, emailed, stopped by my desk many many times since Tuesday to express their thoughts and prayers for Phillis and the rest of your family at this time. Even though we don't know you, we hurt for you right now.

**Brenda Pate** - March 25, 2009 at 05:54 PM

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“ Throughout our friendship Phillis has spent many an hour describing in loving and admiring detail all of the various "Cook Kids". I feel I came to know you all, at least a bit. I know it is one of many ways that she has stayed close to your wonderful family. I am so sorry for your loss, too sudden, too soon. Please know that Terri lives on in the hearts and minds of many, mine included.

**Adrian Warner** - March 25, 2009 at 05:54 PM

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“ I read somewhere "When someone you love becomes a memory, the memory becomes a Treasure". I will treasure you forever. All the memories we made together as a family and the memories you have given our kids- are so priceless. I wish we had time to say goodbye. I don't know if you knew how much I loved you or how much I relied on your always being there. You were an inspiration to all of us. It helps me to know that I will see you again and that now your soul is free, really free. My heart will always remember. Love you Terri.

**Chris & Tom Peterson** - March 25, 2009 at 05:54 PM

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“ Terri was one of the most caring, soft-spoken, and dedicated teachers I ever knew. She was missed when she retired and certainly will be missed by everyone she knew and touched. My condolences to all her family. Please know that she will remain in our hearts and memories...

**Lucy Rioux** - March 25, 2009 at 05:54 PM

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“ My life is so Blessed for having been your friend. We never had a martini together but you can be sure we'll all get together and have one for ya. Sly

**sylvia meehan** - March 25, 2009 at 05:54 PM

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“ All the messages remind us that Terri meant so many things to so many people. To me, Terri was a beloved sister and a 2nd mother...I knew I could call her any time to talk about anything. Life is going to be dramatically different without your physical presence, Terri, but we know you will always be with us. You made sure we had such good memories whenever we were together; you tried to help us keep things in perspective. Your sense of humor got me through some dark times and I'll always remember how much you loved me and our entire family. I'll always love you, Terri, and thank God daily that I was blessed with you as my big sister. Truly rest in peace now...

**Adrienne C. Cook** - March 25, 2009 at 05:54 PM

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March 25, 2009 at 05:54 PM

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“ Wes, You and your family are in my prayers. Over the few years that I have known you, you have talked highly of your wife and I am sorry I never got to meet this amazing woman. I pray that the Lord brings you peace in this time of sorrow.  
Sincerely, Shanna Averde

**Shanna Averde** - March 25, 2009 at 05:54 PM

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“ Terri possessed a graceful dignity seasoned with a truly hilarious sense of humor. Her consistent search to extract and nurture the positive attributes of every child in her classroom was very easy for Terri because that was her nature. Terri always had the exact word, book,idea or suggestion I might be looking for whenever I sought her advice, especially during my last year of teaching with her. Memories never to be forgotten.Sincere condolences to family and friends.Jim

**Jim Saindon** - March 25, 2009 at 05:54 PM

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“The times when you have seen only one set of footprints in the sand, is when I carried you." Terri, now you're in heaven and you will carry us along, as do the many who have gone before us. Our grief is beyond words for the bright light in our lives that has left us, but we know that you will be keeping watch and we will carry you in our hearts til the end of our days. I once heard someone say that it's always so much easier to be the one who leaves, rather than the ones who are left behind. How true those words. We will cherish the memory of the woman that we loved and we will remember, honor and celebrate your life, as I believe that is how you would want us to carry on. With much love, Em & Rob

**Em Peterson & Rob Griffin** - March 25, 2009 at 05:54 PM

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“You have not only been a wonderful sister but a good friend. I will miss you every day. I have admired you as a mother and a teacher. Our family has so many wonderful memories of family parties and you were always the bright light. I am so lucky to have had you as my sister and friend.

**Rochelle Petersen** - March 25, 2009 at 05:54 PM

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“Terri has been one of my dearest friends. She was always there with a joke or good advice or just to listen. She was a wonderful teacher. One of the best. Her life has touched and enriched so many. We are all better people for knowing her. I will always be thankful that I had the privilege of having you for a friend, Terri. My condolences to her family. You were her heart and she was very proud of you all.

**Sharon Thibault** - March 25, 2009 at 05:54 PM

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“Terri's memory will always be a part of me. I will always remember her when I walk barefoot on a beach or see a classroom of young children. Her love, guidance, and caring spirit will always be an inspiration. Terri, I will miss you, but I have wonderful memories to hang on to. Thank you for making the world a better place.

**Hal** - March 25, 2009 at 05:54 PM

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“I am so sorry to hear of Terry's passing; however, she is in the presence of the Lord and no more suffering for which we can all be thankful. I first remember Terry when they moved to North Yarmouth and the cute little girl she was - my son, Bill & neighbor, Gary - used to argue over going to see her. I think I remember her doing cart wheels on the lawn. Please know you are all in my prayers. My deepest

sympathy and love, Shirley

**Shirley E Verrill** - March 25, 2009 at 05:54 PM

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“ Wes, I am so sorry to hear of the loss of Theresa. Over the last 7 years of our friendship you have always spoke highly of your wife, and there was no doubt you admired & loved her. If I can help in any way please let me know. I'm only a short flight away. Our prayers are with you. The Romito Family.

**Chuck Romito & Family** - March 25, 2009 at 05:54 PM

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“ I just recieved the very sad news of Terry's passing. I wanted to send along my condolences to the family. I remember Terry as our very first babysitter in North Yarmouth, even before Chrissy and Connie. Her love of children was evident at a very young age. Our family attended her wedding and if I remember right it was a foggy evening. My memories of the Cook family were alway filled with how family should be done. We will be in prayer for you all that you will experience afresh God's great peace. In His mighty grip, Lilly Morrall

**Lilly Morrall** - March 25, 2009 at 05:54 PM

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“ Terri, We have lost someone special and unique-but only from our presence. I have thought back over the years and reflected on our times together as family and friends. Your legacy will be in the fond lasting memories of your influence and impact on so many. Your physical presence, insightful comments, your dignified beauty and the calming influence you held over so many will surely outlive your years on earth. We all can take solace in the celebration of knowing you and understanding that we all can take something from our relationship with you for the rest of our lives. Thanks for the honor of knowing you and loving you.

**Mark Petersen** - March 25, 2009 at 05:54 PM

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“ Jessica, Wes, Connie, and Josh, What do you say at a time like this? I am so sorry to hear of your mom's death. I never really knew her but I know she raised a great bunch of kids. Be strong and be there for each other. My thoughts and prayers are with all of you and your families.

**Karen Blake Sylvain** - March 25, 2009 at 05:54 PM

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“ Terri, my life changed forever Tuesday, as did your family's. The empty space in my life & heart will never be filled or healed, EVER!! The daily phone calls, the walks on the beaches, the romantic (haha)walks and picnics we got Wes & Ron to go on, all our childhood adventures, the May basket parties, just being there for each other through our lives, all the things we did with Stu,Chris,Jess,Wes,Connie & Josh, and your family taking me in with their love (as if they needed another). I told you the other night you sounded the best I had heard you in a year. I wish we had more time but I especially wish you had more time with Wes, your sons, daughters, and grandchildren they miss you sooooo much!!! Rest in peace honey, I know I will see you again and you will be our angel in heaven...Love you, Sal

**Sally Brown** - March 25, 2009 at 05:54 PM

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“ Connie, I'm sorry to hear of your loss. Your Mom is a wonderful lady, and I say "is" because I believe she's still with you. Love is very powerful and in the comments I've read, there's a lot of love shown both for your Mom and about the love she gave. Love doesn't end. I will be in Vermont in a few weeks and hope I get the chance to give you a hug. Love, Diana

**Diana Miller** - March 25, 2009 at 05:54 PM

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“ I have the happiest memories of the times I spent with the Beals, raiding the ice cream freezer in their basement, playing truth or dare and sneaking out into the field at night! Terri was like a second mother to me when I was little and I can't say enough about what a wonderful heart she has. She lived her life in a beautiful, peaceful manner and is a true inspiration to anyone lucky enough to know her. She will be sadly missed by our family and my heart is with her family. I love you Jess, Wes, Connie and Josh.

**Christine Irish** - March 25, 2009 at 05:54 PM

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“ Dear Connie and family,I am so sorry for the loss. My thoughts are with you during this difficult time. My hope is that you take comfort in the lifetime of memories you have of your Mom.With deepest sympathy,Kelly LaMondaJericho, VT

**Kelly LaMonda** - March 25, 2009 at 05:54 PM

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“ Aunt Terri, You were such an admirable woman. An amazing aunt, mother, grandmother, wife, sister and teacher. Your family misses you like crazy. Scrapbooking and card-making parties aren't going to be the same without your humor and creativity. Not a day will go by when I don't think about you. Forever in my heart, Lindsey

Lindsey Petersen - March 25, 2009 at 05:54 PM

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“ I wish you peace when the cold winds blow  
Warmed by the fire's glow  
I wish you comfort in the lonely times  
And arms to hold you when you ache inside  
I wish you hope when things are going bad  
Kind words when times are sad  
I wish you shelter from the raging wind  
Cooling waters at the fever's end  
I wish you peace when times are hard  
The light to guide you through the dark  
And when storms are high and your dreams are low  
I wish you the strength to let love go on.

Katie Harris - March 25, 2009 at 05:54 PM

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“ To my wonderful loving sister who cherished her family: We will miss your laugh, sense of humor and your heart. It will never be the same without you on this earth but know that we will all be together someday. I will dream of you walking barefoot on the beach. We love you and will always keep you close in our hearts.

Phillis Burcham - March 25, 2009 at 05:54 PM

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“ aunt terri- i will never forget the many summers at the beach, washing sand off our feet at the hose outside, watching goonies 8 millions times at the falmouth house, pumpkin carving, catching fireflies in the field and the time you and uncle wes drove connie and i (and maybe wes?) to the Falmouth High School field in the back of a pick up truck with connie and I in sleeping bags looking up at the stars. my dad has always said "she was the salt of the earth" and we all know my dad doesn't say things he doesn't mean. i am so sorry that you didn't have more time with us, but am comforted by the fact that you are in heaven with uncle danny watching over us. we will miss you so much, family gatherings will never be the same. xoxo

Callie Davisson - March 25, 2009 at 05:54 PM

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“ To our beloved daughter: Our hearts are broken knowing we will never see your face, hear your voice, or feel your touch. You were our first born, our bright and shining star. There was no time to say goodbye or hold your hand but, dear one, we will meet

again and our broken hearts will be rejoicing in God's glorious Heaven. We know right now you are happy in His Presence. We love you and miss you, Mum and Dad

**Albert & Colleen Cook** - March 25, 2009 at 05:54 PM

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“ Wes, and family, I am very sorry for your loss. I have always remembered Terri as a very, very sweet person, and I can see from the tributes that everyone who was blessed to share her life found it to be unerringly true. Terri, your life was well-lived, and will endure through those whom you have loved and touched.

**Mark Fuller** - March 25, 2009 at 05:54 PM

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“ Aunt Terri, you were an incredibly inspiring woman. I can only imagine all the lives you positively influenced during your time in Litchfield. Your witty humor and warm heart will be remembered forever. My heart goes out to the whole Beal clan during this toughest of times. I send good vibes from down under.

**Eric Petersen** - March 25, 2009 at 05:54 PM

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“ Although we never got to meet Mrs. Beal, we can only imagine her gentle, loving and supportive spirit because of how Connie has turned out. We're lifting you all in prayer and thought, and promise to take good care of Connie when she comes back home to Burlington. We miss you, sweetie, and are sending hugs and love (and Lucy licks!). Love, Dawn & Mike

**Dawn & Mike** - March 25, 2009 at 05:54 PM

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“ I am so sorry for your loss. Terri was such a dynamic teacher and lively spirit. She lived every day to the fullest and will be sadly missed by all who knew her warm heart. We can all learn from her example.

**Mary Field** - March 25, 2009 at 05:54 PM

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“ I can't believe we've all lost Terri. My greatest wish in all of my years teaching was to "grow up to be just like Terri." She was the finest teacher that I've ever known. I loved her way with students. She was a good friend to many of us. May she rest in peace.

**Jill Hodgdon** - March 25, 2009 at 05:54 PM



“ Dear Adrienne, Mr. and Mrs. Cook, and all of Terri's beloved family members, My heart, thoughts, and prayers are with you as you grieve the loss of your precious Terri and celebrate her beautiful life....With love, Theresa Morin

**Theresa Morin** - March 25, 2009 at 05:54 PM

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“ Dear Grammy Beall miss you and LOVE you. I will always love you....I always will remember when I came to your house and you always had a "treat" for me ready. I really liked the play-do animal that you gave me, but Weston broke it.....I will miss you because you were always nice to me and I will miss when I would visit and we would color together. I will miss playing with you and Erin and our special snacks that you gave us. I will remember you always and I will love you for always. I know you will be watching me, Weston, Corey, Erin, and Sara, and I will talk to you in my prayers. love ruthie

**Ruthie Beal** - March 25, 2009 at 05:54 PM

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“ Terri was the best teacher I have ever worked with. You knew she was serious with the students (or parents) when her voice got very quiet. Her laughter was spontaneous and contagious. She once had a bunch of balloons delivered to me on my birthday by a man dressed in a gorilla suit! Oh Terri, we will miss you.

**Patti Scronce** - March 25, 2009 at 05:54 PM

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“ Jess - We are so sorry for your loss. You and your family are in our thoughts and prayers. Love, Tara, Tim and Connor

**Tara Bolduc** - March 25, 2009 at 05:54 PM

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“ My condolences all go to the Family and Friends of Theresa W.Beal. I am sorry to hear that you have lost a great part of the family. Brenda and Erik Sanborn

**Brenda Sanborn(Parker)** - March 25, 2009 at 05:54 PM

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“ Terri, Though always too brief, I have fond memories of our family visits together. I will always treasure your kind spirit and warm smile. You are such a special person. Love, Cary

Cary Burcham - March 25, 2009 at 05:54 PM

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“ Mom I will miss you...nothing can explain how i feel about our sunday afternoon conversations. I will miss your advice to my everyday problems. I will carry the thought of you everywhere i go. Thank you for everything you have done for me, and dont worry i will take care of dad...I will always love you.

Joshua  Beal - March 25, 2009 at 05:54 PM

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“ Mom, we miss you terribly. Your guidance, love and support has always pulled us through. You left us too soon, but you are with us and with our children, too. We know that your spirit will be present in all that is to come. We love you and wish you peace.

Connie Beal - March 25, 2009 at 05:54 PM

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“ We will miss you so much, Terri. Your going will leave a hole in our hearts that will never heal. But we will go on because you would have wanted us to. We loved you so much. It's so hard to lose you. We will remember you always. Thank you for being the best sister. We will never forget you. I know we will be together again someday. I won't be able to see a beach and not think of you walking down the shore laughing and smiling back at us. Good-bye.

Rus and Connie Mott - March 25, 2009 at 05:54 PM

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“ Mom, I wish we had more time together to talk and share stories. I will miss you very much. What i will miss the most is the way i could stop on by after work and talk about anything with you. I will also miss the summers that we all shared together. It certainly won't be the same without you. I know you know that i love you and will always. Love Your Son, Wes

Wes Beal - March 25, 2009 at 05:54 PM